



Newsletter

Issue 5

Term 1

Week 10

DIARY DATES

Term 3

Fri 24/4

**Home Learning packs
for weeks 1 & 2
available for collection
8-10am**

WEEK 1

Mon 27/4

**First day of Term 2
Home Learning packs
for weeks 1 & 2
available for collection
7:30-9:30am**

WEEK 2

Fri 8/5

**Home Learning packs
for weeks 3 & 4
available for collection
1:30-2:30pm**

WEEK 3

Mon 11/5

**Home Learning packs
for weeks 3 & 4
available for collection
7:30-9:30am**

Information from the Principal

Dear Parents and Caregivers,

I wanted to thank you all for your ongoing support, encouragement, and flexibility during these changing times. We greatly appreciate it. I also would like to acknowledge our amazing staff who have been working hard to support students and families both at school and in home learning contexts. This week we have ensured teachers have release time each day so they can spend time connecting with parents and students at home. As a team, we believe strongly in the importance of connection and collaboration.

As we communicated last week, we received information from the Minister of Education and the Department for Education that there will be 4 pupil free days before Easter next week at all South Australian public schools and preschools. The pupil free days will give our school staff time to prepare to transition to flexible teaching and learning, ready for term 2. OSHC and vacation care will continue to operate over the pupil free days and school holidays for children who aren't able to be supervised at home, including children of essential workers. As these are pupil free days, there is no expectation that students will be engaging in learning from their school take home packs next week.

Term 2

At this stage, the information we have from the Department for Education is that schools will remain open in Term 2.

As parents and caregivers, you will make the choice whether or not you send your child or children to school. If health advice changes, we will let you know. If you choose to have your children learn from home at the beginning of Term 2 you can pick up learning packs on the following days:

- **Friday 24th April (last day of school holidays) 8:00am-10:00am**
- **Monday 27th April (first day of Term 2) 7:30am-9:30am**

We will have a designated area in the staff carpark set up for collection. If this time doesn't suit you, please ring us on the first day of term. The learning packs will contain two weeks' worth of work and include a wellbeing pack.

Thank you again for your collaboration, patience and support. I wish you all the best for the coming weeks.

Kind Regards,

Mandy Alcorn
Principal



Term 1 Highlights...

Teaching and Learning

Arbury Park Camp
Swimming
Aqua Dance
Year 6/7 Aquatics
Numeracy Rotations
Big Ideas in Number
7 Steps to Writing Success
Brightpath writing assessment
Playful Literacy program
Book Making and Writer's Notebook
Pupil Free Day – School Improvement work

Special Days

School Clean-Up Day
Harmony Day

Student Leadership

Monitors – flags, gates PA system, class, yoga
Harmony Day leadership

Fundraising

Special lunches
Harmony Day cupcakes

Well-Being

Daily yoga and guided meditation
Values focus
Positive Education
Well-being Hub
Walking Club

Community Hub

Playgroup
English classes
Coffee & Chat with Aboriginal Families
Networking with other Hubs
Community connections – Morella House
Sing and Grow
Bringing Up Great Kids Parenting sessions

Other Highlights

SAPSASA Swimming
School choir & school choir excursion
Purchase off additional laptops and laptop trolleys
New library furniture
Purchase of class sports equipment
New plants for our school garden beds
Kickstart fruit deliveries
Work of volunteers
Children visiting from the Highway Child Care & Early Learning Centre
Easter egg hunt
Support, encouragement and collaboration from parents and caregivers

Feeling Stressed? Try the 4,3,2,1

It can be hard staying at home for long periods of time with everything happening in the world right now. So here's a great exercise to try whenever you or your child notice a strong emotion taking hold in your mind and body during stressful times.

4 Find *four* blue or green objects in your surroundings and take a couple of breaths when you've found them. Reorienting your focus can help to settle, and blue and green are considered soothing colours.

3 Shift attention and notice *three* sounds outside of the space you're in. Do you notice birds chirping, wind blowing, dogs barking?

2 Shift attention and notice *two* sounds inside the room and continue to be mindful of the breath. Do you hear any sounds you hadn't noticed before?

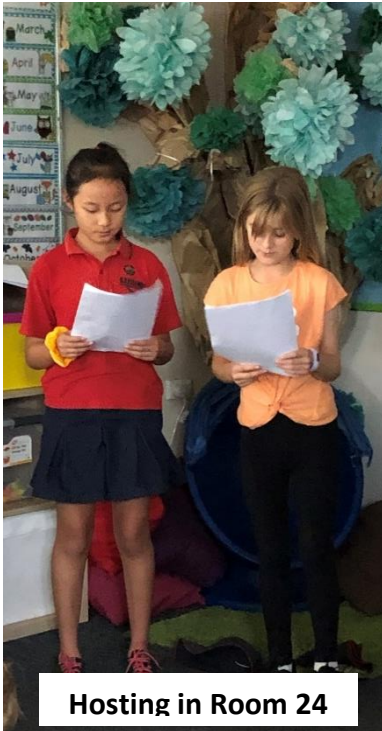
1 Place *one* hand over the chest and/or belly. Do you feel your heart beat or breath moving through your body?

After completing the activity ask yourself or your child to notice other sensations in your body. Are your palms sweaty? Has your breathing slowed or the heartbeat evened out? If needed, repeat the exercise until ready to move on.

Harmony Day 2020!

Room 17 went to each of the classrooms to perform an assembly to do with Harmony Day. Once they had finished the assembly each classroom got a whole bucket of chalk to draw on the asphalt. It started to spit 20 minutes into the activity so each classroom then went back to their classrooms and washed their hands after the chalk drawing.

By: Anna and Liana



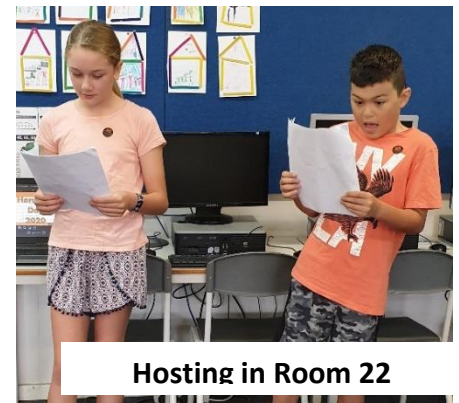
Hosting in Room 24



Room 24

Room 17 went to each of the classes to host an assembly because the whole school one got cancelled. Harmony Day is about everybody belongs and people get together and work together. People wear traditional clothing and also orange clothes if they don't have traditional clothing. Everyone enjoyed celebrating Harmony Day!

By: Heidi



Hosting in Room 22

Room 17 went to classes instead of doing a whole school assembly. We watched the iMovie that Mr Hunter and his class created. We then asked the people wearing traditional clothing to explain some information about it.

By: Jett

Room 17 went to host a Harmony Day assembly in everybody's classes and then went out to do chalk drawing. They drew pictures and wrote down words about what Harmony Day meant for them. People wore cultural dresses and orange shirts. By: Ashwath

